

About The Occasional Gourmet



Kathleen Royal Phillips has been a member of the Oxmoor House test kitchen team (Southern Living cookbooks, Cooking Light cookbooks, Coastal Living Magazine, etc.), in Birmingham, AL for over 20 years.

During that time, she attained the position of Test Kitchen Director and more recently has become part-time to spend more time with family and pursue her catering business. Phillips' freelance food styling has appeared in magazines (including Parents magazine, Yankee Magazine, Coastal Living and Weight Watchers magazine), billboards, cookbooks, and TV commercials. She is also a food columnist for Christian Woman magazine. She was named the 2004 Gardendale Chamber of Commerce Member of the Year.

Her attention to detail and love of gourmet food are evident in each dish prepared for you as *The Occasional Gourmet*.

BOX LUNCH

\$7 plus tax. Includes chips and Mississippi Mud Brownie. Greek Style Pasta Salad may be substituted for chips.

Min. Box Lunch order: 15 people.

CARIBBEAN GRILLED CHICKEN SALAD

Crisp iceberg lettuce, grilled chicken strips, pineapple tidbits, roasted red pepper, bacon, cheddar cheese and Honey Mustard or Honey Lime Dressing.

SOUTHWEST GRILLED CHICKEN SALAD

Crisp iceberg lettuce, grilled chicken strips, black beans, green pepper, Cheddar cheese, crispy tortilla chips, and homemade Chipotle Ranch Dressing.

ASIAN GRILLED CHICKEN SALAD

Crisp iceberg lettuce, grilled chicken strips, mandarin oranges, green onion, crunchy Chinese noodles, and Asian Sesame Dressing.

PARMESAN ARTICHOKE CHICKEN SALAD SANDWICH

Also sold by the quart \$12.50.

FRUITED CHICKEN SALAD SANDWICH

Tender chopped breast meat chicken, toasted pecans, and chopped crisp apple on white or wheat bread. Also sold by the quart \$12.50.

GRILLED CHICKEN BREAST SANDWICH

Marinated grilled chicken breast, lettuce, pickle and condiments. Served on Sandwich Bun.

HOAGIE SANDWICHES

Roasted turkey and Virginia baked ham, lettuce, Cheddar or Swiss cheese on Hoagie buns.

SALAD TRIO

Choice of Chicken Salad, Greek Style Pasta Salad and Caesar Salad.

For additional details, visit
www.theoccasionalgourmet.net

Call Today to Book
Your Next Event
205.608.1800

DESSERTS

Real whipped cream is used in all TOG desserts.

NEW YORK CHEESECAKE WITH CHOCOLATE SAUCE

FRESH STRAWBERRY CAKE

Moist strawberry cake topped with real whipped cream and fresh strawberries (Seasonal)

CHOCOLATE FUDGE CAKE

Rich chocolate cake with thick fudge frosting. Also available as **Chocolate Peanut Butter Fudge Cake**

RED VELVET CAKE with Cream Cheese And Toasted Pecan Frosting (Pecans optional)

CARROT CAKE with cream cheese frosting

DERBY PIE

Imagine baking chocolate chip cookie dough in a pie shell

CHOCOLATE ECLAIR "CAKE"

Layers of vanilla pudding and graham crackers topped with chocolate frosting and whipped cream

COCONUT CAKE topped with whipped cream and flaked coconut

WHITE OR DARK CHOCOLATE BREAD PUDDING

Choice of chocolate folded into bread pudding. Vanilla or Hard Sauce .50/pp extra

BANANA PUDDING

Grandma's banana pudding never tasted so good.

BROWNIE TRIFLE

Chunks of moist brownies layered with chocolate pudding, whipped cream, fudge sauce, and pecans (optional)

PEANUT BUTTER PIE

Choice of chocolate or graham cracker crust, topped with whipped cream.

PEACH COBBLER (A la mode \$1 pp extra)

APPLE PIE (A la mode \$1 pp extra)

PECAN PIE

KEY LIME PIE

CARAMEL CUSTARD PIE

MISSISSIPPI MUD BROWNIES - also sold by the boxed dozen — \$12/dozen

FROSTED BLONDE BROWNIES

ASSORTED COOKIES (choose 3) White chocolate Macadamia Nut, Chocolate Chip, Peanut Butter, Oatmeal Raisin, Date Walnut, Brownie Cookies



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Kathleen Phillips
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LUNCH

\$8 per person
(delivered in disposable containers)
Includes choice of two sides, roll or Garlic Bread, Mississippi Mud Brownie, and tea.

Add Salad: Italian Tossed or Caesar \$1.25/pp. Other desserts available for lunch at \$1-\$2 extra per person,
Minimum lunch order: 15 people.

All orders include plates, utensils, napkins and serving ware.

DINNER

\$10 per person
(delivered in Disposable Containers)

\$12 per person
(Served in Heated Chafing Dishes and catering bowls buffet style and picked up at end of event)

Includes your choice of two sides, Italian Tossed Salad or Caesar Salad, rolls, choice of dessert and tea. Additional sides available for \$1.25 per person

Minimum Dinner order: 25 people.



LUNCH AND DINNER ENTREES

ROASTED TURKEY BREAST

****Holiday Special****

Tender, juicy slices of slow roasted turkey.

GRILLED BONELESS CHICKEN BREAST

Mesquite Grilled
Garlic and Herb
BBQ Grilled

SLOW ROASTED HERBED CHICKEN BREAST

Roasted with fresh herbs and butter in bone-in breast.

GRILLED BONELESS PORK CHOPS

Mesquite Grilled
Garlic and Herb
BBQ Grilled

CHICKEN SCHNITZEL - Lightly Breaded Chicken Cutlet.

COUNTRY FRIED STEAK

Served with Peppered Country Gravy.

BLACK ANGUS GRILLED CHOPPED STEAK WITH BROWN GRAVY

Brown gravy and sliced mushrooms (mushrooms optional). Excellent with Smashed Potatoes.

ROAST BEEF AU JUS (\$1/pp extra for lunch)

So tender, you can cut it with a fork! Tender, savory slices of roast beef. **One of our most requested.**

HERB CRUSTED PORK LOIN ROAST

Tender roasted boneless pork loin lightly coated with Dijon mustard and herbed bread crumbs.

MAMA'S MEATLOAF WITH PIQUANT SAUCE

Flavorful slices of meatloaf with sweet 'n sour ketchup sauce.

BROWN SUGAR GLAZED HAM

The following entrees are served with choice of Salad and Rolls or Garlic Bread.

CHICKEN PARMIGIANA

Lightly breaded chicken breast baked in marinara sauce; topped with mozzarella cheese. Served over spaghetti pasta.

CHICKEN AND SMOKED SAUSAGE PENNE

One of our most requested! Grilled chicken breast, smoked sausage, penne pasta and broccoli in a creamy garlic wine sauce.

BAKED ZITI

A cross between lasagna and spaghetti using ziti pasta. Creamy Alfredo sauce and mozzarella in the middle and topped with more mozzarella.

PAELLA

Classic Spanish dish with seasoned yellow rice, grilled chicken, smoked sausage, English peas, and chopped tomato.

RED BEANS AND RICE

Classic creole dish of red beans, smoked sausage, and rice. Not too spicy.

HOMEMADE CHICKEN POT PIE

All white meat, potatoes and mixed vegetables in a creamy white sauce topped with flaky crust.

LASAGNA

Layers of meat and cheeses, topped with marinara sauce and more cheese.

CHICKEN AND WILD RICE CASSEROLE

Creamy, cheesy casserole topped with Cheddar Cheese and homemade breadcrumbs.

SIDE ITEMS

Add additional sides for \$1.25 per person

Baked Beans
Baked Potatoes
Broccoli and Rice Casserole
Buttered English Peas
Cheesy Mashed Potatoes
Cole Slaw
Corn on Cob
Cornbread Dressing
Oven Roasted Potatoes
Homemade Macaroni and Cheese
Long-Grain and Wild Rice with Toasted Pecans
Parslied Rice or Plain Peas and Parmesan Risotto
Pineapple-Cheese Casserole

Savory Green Beans with Bacon
Savory Pintos with Onion
Seasoned Black Eyed Peas
Sesame Broccoli Smashed Potatoes
Steamed Broccoli with Cheese Sauce
Sweet Potato Casserole
Tomato, Feta, Fresh Basil Pasta
Vegetable Medley (broccoli, carrots cauliflower)
Whole Kernel Corn with Red Pepper Strips
Italian Tossed Salad
Caesar Salad

SALADS

ITALIAN TOSSED SALAD

Mixed lettuces, tomato, pepperoncini peppers, Ranch, Italian, or Balsamic Vinaigrette.

CAESAR SALAD

Crisp Romaine lettuce, fresh Parmesan cheese, garlic croutons, freshly ground pepper, Creamy Caesar Dressing.

BREAKFAST/BRUNCH

Minimum order of 15

BREAKFAST SPECIAL

Caramel French toast, sausage hash brown casserole, fruit tray, orange juice \$8.50/pp

CARAMEL FRENCH TOAST \$2.95/pp

SAUSAGE CASSEROLE \$3.95/pp

FRUIT TRAY \$2.00/pp

MUFFIN/CINNAMON ROLL TRAY \$2.00/pp

GIFTS OF GOOD TASTE

Presented in gift boxes or cellophane bags with ribbons. Perfect for Valentine's Day, Christmas, Birthdays, Anniversaries or when you want to say "I appreciate you". **Visit our Website for details.**

APPETIZERS

Costs per person. Minimum requirement of 25 in party. (Subject to delivery fee)

- **Beef Tenderloin/Horseradish Cream in Cocktail Buns** \$3
- **Brown Sugar Crusted Ham in Cocktail Buns** \$2
- **Mustard Crusted Pork Loin in Cocktail Buns** \$2
- **Chicken Satay Bites**
Thai flavored chicken in large bite-size pieces. Excellent substitute for meatballs. \$1
- **Sweet And Sour Meatballs** \$1
- **Cranberry Glazed Meatballs** \$1
- **Chicken Salad in Mini Pitas**
All white chicken with toasted pecans and crisp chopped apple or Parmesan Artichoke Chicken Salad. \$2
- **Chicken Salad**
Choice of Apple/Pecan or Artichoke/Parmesan/Green Onion \$1.50
By the Quart \$12.50
- **Vegetable Tray**
Vegetable tray and Buttermilk Ranch Dip. \$1.75
- **Pesto and Sun Dried Tomato Layered Torta with Crackers** \$1.75
- **Cheese Straw Wafers**
Everything you love in a cheese straw, shaped in a wafer. Also available as Sesame Cheese Straw Wafers. .. 50¢
- **Warm Southwestern Spinach Dip**
Baked creamy spinach dip with tomatoes, green chiles, and Monterey Jack Cheese. Served with tortilla chips \$1.50
- **Layered Cheese & Herb Appetizer**
Squares of cheddar and cream cheese topped with fresh herb and Roasted Pepper Vinaigrette and crackers \$1.50
- **Spinach Dip and Crackers** Cold spinach dip with crackers. \$1.25
- **Chocolate Cheese Ball** served with Vanilla wafers \$1
- **BLT Dip** Creamy dip loaded with bacon and tomato. Served with Corn Chip Scoops. \$1.50
- **Sugar and Spice Roasted Pecans** 75¢
- **Strawberries and Chocolate Fountain** (Seasonal) \$2.50
- **Brownie Ganache Tartlets** 75¢
- **Arranged Fruit Tray** \$2 pp
- **Chocolate Dipped Truffles with white chocolate drizzle** \$1 ea